

Rus Funk

Consulting



(Keynote Address, 2016 Nebraska Coalition To End Sexual and Domestic Violence Annual Conference)

Training Menu

I offer a variety of trainings, that are designed primarily to enhance the skills and confidence of participants. Below is a list of training programs that I offer which I have developed in over twenty-five years of practice and organizing experience. What is described below is based on a day-long training (at least six hours). Adjustments can be made based on the time available.

I consider these “base trainings” – that is, these trainings have been developed and honed over the years. I can customize these trainings for particular audiences, your industry and your particular goals.

As you'll see below, some of these trainings are available for different levels of knowledge and skills: intro/beginning intermediate and advanced.

The training I describe below fall roughly into two categories: those that are designed to provide participants with the knowledge, skills and confidence to practice the content area provided; and train the trainers, which positions participants to train others on the content area.

For College and Universities

Creating a Welcoming and Respectful Environment

This is a harassment training (addressing sexual and gender harassment as well racial, sexual orientation, and ability harassment). Using an intersectional approach, this training explores the kind of behaviors that make us all feel welcomed, respected and valued; and the kind of

Rus Funk

Consulting

organizational environment that encourages these behaviors and attitudes to emerge. This training also integrates specific content about harassment and abuse and various forms of harassment and abuse, with pro-social behaviors, attitudes and norms.

(*NOTE: This training can also be a part of a package I offer that includes policy review and recommendations, organizational/campus assessment and developing a plan with your organization or campus to become even more welcoming, respectful and valuing.)

Engaging Men to Prevent Gender Based Violence

There are two versions for this training. One training covers basic concepts and initial skills, the other version is further developed for participants who are looking for various stages of their own development in efforts to engage men and boys. All of these trainings are based on a community organizing perspective, integrate leadership development skills and practice, and utilize intersectional approach.

Intro

The introductory training provides an overview of engaging men theory and practice, explores the notion of masculinities and the implications for engaging men, introduces practitioners to the “continuum of male engage-ability”, and assists participants to explore what barriers exist for men to become engaged in efforts to respond to or prevent gender based violence. The introductory training also provides some initial recommendations on ways that practitioners can begin to address these barriers in ways that make them and their effort more engaging of men in the community.

Intermediate

Building on the content provided in the initial training, the intermediate training helps participants to develop their confidence, comfort in engaging men in their communities. Participants in this intermediate training should attend expecting to leave with a preliminary plan for an effort or project to engage men in their community.

Advanced

The advanced training is designed for practitioners and programs who may have already begun some efforts to engage men in their community or who have attended the first 2 trainings (or something similar). The advanced training

(Please NOTE: I ask to do an assessment with programs or participants before each of these trainings in order to make this training most impactful for the participants, and to ensure that there is a connection between what I understand about each of these levels, and where programs or practitioners may self-define.)

Promoting Healthy Masculinities

Based on some of the best practices identified from the World Health Organization, and using an intersectional approach, this training explores what it means to “be a man”, the factors across the social ecology that reinforce this idea/ideal of masculinity, and the implications of this on various factors (men and boys themselves, their relationships, and more). This training then explores the notions of masculinities,

Promoting healthy masculinity involves both direct, inter-personal efforts, as well as organizational and community change.

Rus Funk

Consulting

Participants will also leave with a tool to assess their organization's current ability to effectively connect with and work with men and boys, based on the framework outlined in this training.

Learning Objectives:

- Participants will leave with a clearly understanding of the current state of masculinity
- Participants will have a working knowledge of healthy masculinities
- Participants will be able to engage in practices that promote healthy masculinities
- Participants will be better able to connect and engage men and boys
- Participants will have a means to assess their organizations current efficacy of reaching and engaging men and boys.

For Social Service Agencies & Professionals

Addressing and Combatting Intimate Partner Sexual Violence

(Based on a chapter of the same I co-wrote with Lundy Bancroft in *Perpetrators of Intimate Partner Sexual Violence: A Multi-Disciplinary Approach to Prevention, Recognition and Intervention*, Routledge, Press, 2017)

Sexual Violence is a common aspect of domestic violence. Yet it is poorly understood, rarely recognized and is not universally addressed in either victim services or offender accountability programs. This workshop provides an overview of IPSV and provides recommendations for ways to address IPSV in responding, offender intervention, and prevention.

“But Men Are Abused Too”: The Myths and Facts of Male Abuse, and implications for Intervention and Prevention

Some advocates suggest that men are abused by their partners a often as are women, and there is some data to support this claim. But a more thorough review clarifies that while men do experience domestic violence and women are abusive, the incidence, prevalence, dynamics and impact are far different for men than for women. This training explores the gender dynamics of dating and domestic violence, explores the ways that men *do* experience domestic violence, and explores the implications for intervention, responding and prevention.

Combatting the Demand for Sexual Exploitation and Sex Trafficking

This training explore the dynamics that drive the demand for sex trafficking and sexual exploitation, and provide a theoretical framework to understand sex trafficking and sexual exploitation as inter-connected and mutually supporting dynamics. This training goes further, then to explore how sexual exploitation and sex trafficking are also linked to other forms of gender based violence. Then this training turns to explore the dynamics that drive sexual exploitation and sex trafficking, within a social context that tolerates and encourages other forms of gender based violence (sexual assault, domestic and dating violence, stalking, sexual harassment, etc.) and then this training addresses, based on this theoretical framework and the dynamics discussed, how to effectively work to combat the demand. A significant portion of this training focuses on effectively engaging men in the conversations, and in prevention efforts.

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Meeting the Needs of Men who Experience Sexual or Domestic Violence

Men experience rape and domestic violence in a number of ways, most notably, by being victimized and by loving someone who is victimized. To date, however, few rape crisis center or domestic violence agencies see the numbers or provide the services needed to these men.

Using an intersectional approach, this workshop provides an overview of how men experience sexual and domestic violence, the ways that men experience and express this trauma, how practitioners can adjust their practice, and provides the basis for organizational culture that encourages the development of services for men.

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The Role of Pornography in Domestic and Sexual Violence

(the content of this training is based, in-part, on a chapter I co-wrote with Walter DeKeserdey in *Perpetrators of Intimate Partner Sexual Violence: A Multi-Disciplinary Approach to Prevention, Recognition and Intervention*, Routledge, Press, 2017)

Recovering Masculinities (Facilitator Training)

Recovering Masculinities is a 16-session curriculum that integrates healthy masculinity content into addictions recovery. Based on the premise that effectively recovering from substance abuse and addictions requires a significant re-visioning of how someone understand and expresses himself as a man (i.e. you can't be the same man who was drinking and using that you're trying to be sober and be successful); this curriculum helps men to develop a healthier and more holistic idea of themselves once they are clean and sober, and *how* to integrate this process into the process of recovery. Three sub-curricula are a part of this program: healthy masculinity, respectful and equitable relationships, and fathering.

This 12-hour training prepares trainees to be able to facilitate this program. Content includes specific suggestions for both male and female facilitators

What's Wrong with this Picture (Facilitator Training)

What's Wrong with this Picture is a 7-session program that supports men to explore the impact of they're viewing pornography on themselves, their relationships and their experiences with sex.

For more information about this program, go here.

This 12-hour training walks facilitators through the program and prepares them for facilitating this program.

Content includes specific suggestions for both male and female facilitators

For Businesses and Municipalities

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